Welcome to the monthly Perinatal and Infant Mental Health eBulletin highlighting the latest resources relating to perinatal and infant mental health which have been added to the Mental Health and Psychological Wellbeing Knowledge Hub in the last month.

This email includes a summary and link to each resource below.

If you would prefer to read a pdf version of this eBulletin, go to the eBulletins page on our website.

You can follow us on Twitter @PHE_Children

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**National Child and Maternal Health Intelligence Network news**

**Children and young people indicators in Local Health updated**

PHE’s [Local Health](#) tool presents data for small areas. It has now been updated, including the information it contains on the health and wellbeing of children and young people. The indicators are based on those in Child Health Profiles, Early Years Profiles and the Public Health Outcomes Framework but made available where possible for smaller areas such as electoral wards and middle level super output areas (MSOA). A wide range of indicators of importance for children and young people’s health and wellbeing have been updated with the latest data, covering topics such as obesity and excess weight; injuries; pregnancy; emergency attendance and hospital admissions; and child development and educational attainment.

[www.localhealth.org.uk](http://www.localhealth.org.uk)
In the news

We do not accept responsibility for the availability, reliability or content of these news items and do not necessarily endorse the views expressed within them.

Ofsted: New series of joint inspections to focus on domestic abuse
Joint inspections are to examine how local partners, including local authorities, police and probation, and health services, work together to protect children living with domestic abuse.

NHS England: NHS England kickstarts programme to help 30,000 more new or expectant mums with serious mental illness
The NHS is kick starting a new programme that will each year help an extra 30,000 new or expectant mums who experience serious mental ill health, offering them the right care at the right time in a bid to reduce even further the rare tragedies that can occur when it is left untreated. As a first step NHS England is launching a £5m Perinatal Community Services Development Fund to help close a wide gap in the availability of high quality care for women with severe or complex conditions.

CPHVA: #HVweek 2016
#HVweek 2016 is running between 26th and 30th September 2016 and is an opportunity to celebrate the health visiting profession.

Foundation Years: moving from 4Children to Action for Children
The work of the Foundation Years team is moving from 4Children to Action for Children from Thursday, 1 September 2016. The team will be continuing to provide you with policy updates, news from the DfE, Ofsted and other government departments as usual.

CYP Now: 4Children to close due to ‘funding pressures’
National charity 4Children is to close due to funding pressures, with Action for Children taking on the vast majority of its existing work.

PACEY: Children as young as 3 unhappy with their bodies
New research from the Professional Association for Childcare and Early Years (PACEY) reveals anxieties about body image are starting in some children as young as 3.

Reports

Mental Elf: Maternal anxiety disorders in the postnatal period: what do we know?
This blog post summarises a recent systematic review and meta-analysis of current
research evidence on anxiety disorders and their prevalence amongst postpartum women.

WAIMH Position paper on the rights of infants (Edinburgh, 14-18 June, 2014 (amended March 2016))
This paper from the World Association for Infant Mental Health (WAIMH) draws attention the particular needs and rights of the child in the first years of life. This Declaration is divided into two parts: the Infant’s basic rights, that should be endorsed everywhere, regardless of society and cultural norms, and the principles for health policy that are more sociocultural context-dependent.

The use of donor human expressed breast milk in newborn infants: a framework for practice
This report considers a framework for practice for the use of donor human expressed breast milk in newborn infants and makes recommendations.

Research

The full versions of some of these resources may only be available with a paid subscription. For information on how you may be able to access them please view our Accessing Knowledge Hub resources page.

Group-based parent training programmes for improving emotional and behavioural adjustment in young children
The objectives of this Cochrane Review were to establish whether group-based parenting programmes are effective in improving the emotional and behavioural adjustment of young children and to assess whether parenting programmes are effective in the primary prevention of emotional and behavioural problems.

Exploring unintended consequences of policy initiatives in mental health: the example of child and adolescent mental health services (CAMHS) in England
The impact of policy and funding on child and adolescent mental health service (CAMHS) activity and capacity, from 2003 to 2012, was assessed. The focus was on preschool children (aged 0–4 years), as current and 2003 policy initiatives stressed the importance of ‘early intervention’.

Early maternal reflective functioning and infant emotional regulation in a preterm infant sample at 6 months corrected age
This study investigated the influence of maternal reflective functioning (RF) on 6-month-old infants’ emotional self-regulating abilities in preterm infant–mother dyads.

What shapes 7-year-olds’ subjective well-being? Prospective analysis of early childhood and parenting using the growing up in Scotland study
This study investigated whether early family circumstances and parenting predict 7-
year-olds’ subjective well-being.  

Is there a link between childhood adversity, attachment style and Scotland’s excess mortality? Evidence, challenges and potential research  
This paper suggests that the role of childhood adversity and attachment experience merits further investigation as a plausible mechanism influencing health in Scotland.  

Impact of holding the baby following stillbirth on maternal mental health and well-being: findings from a national survey  
The aim of this study was to compare mental health and well-being outcomes at 3 and 9 months after the stillbirth among women who held or did not hold their baby, adjusting for demographic and clinical differences.  

Prenatal depression screening by certified nurse-midwives, Oregon  
A consensus has not been reached by professional organizations about the specifics of whether and when to screen for prenatal depression. The objective of this study is to understand the prenatal screening practices of midwives who practice in Oregon.  

Paternal mental health following perceived traumatic childbirth  
The objective behind the current study was to explore the experiences and perceptions of fathers after childbirth trauma, an area of minimal research.  

Information for parents, families and carers

Child in mind  
The Anna Freud National Centre for Children has launched this series of expert podcasts to help parents understand and manage child and family mental health problems. The first episode focuses on childhood anxiety.  

Events

For details of these and many other events see the calendar of events on our website.

Video-intervention to promote positive parenting and sensitive discipline (VIPP-SD)  
(VIPP-SD) is the original highly evidenced Video-Feedback intervention for parents. This course is an opportunity for staff from across the children’s workforce to undertake training in the use of this intervention, as recommended in the NICE guideline for children’s attachment. The course will take place over four days in October and November.
Hidden sentence training (for health professionals in South Tees)
Hidden Sentence training is for any employees or volunteers whose work brings them into contact with families of prisoners. This one-day training course gives you a clear overview of the offender’s journey, its impact on the family from arrest to release, and a range of strategies and resources to help you support them in your work. The training is currently available to health professionals from Middlesbrough, Redcar and Cleveland thanks to funding from South Tees CCG.

Location: South Tees
Start date: Thursday, 19th January 2017

eBulletins
Working with partners, we produce a number of eBulletins to keep you up to date:

- Child and Maternal Health Knowledge Update
- Children’s Mental Health and Psychological Wellbeing
- Learning Disabilities and CAMHS
- Perinatal and Infant Mental Health

Sign up to one or more at http://www.chimat.org.uk/default.aspx?QN=CHMK9

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